

ECE124L : Health, Safety, and Nutrition in Early Childhood Education

This course offers an introduction to the needs and best practice in health, safety, and nutrition for young children. Nutrition and policy considerations about medication administration, infectious disease control, sick childcare, universal precautions and liability, and health record keeping will be discussed. Students will be able to develop menus for meals and snacks which are nutritious, appealing and age appropriate. Recognition and treatment of child abuse victims, emergency preparedness, infectious disease prevention and control, administering medication and safe environments including safe sleep will be addressed.

It should be noted that CPR and First Aid are NOT part of the course.

Credits 3

Lab Hours 0

Class Hours 3