

# HSV230L : The Aging Process

This course provides an overview of the processes underlying the phenomena of aging across the lifespan. An overview of genetics and the cellular bases of living and dying as factors of growing older are provided. The effects of aging on organs and bodily system functioning, as well as the impact of lifestyle on health and longevity are reviewed.

**Credits** 3

**Lab Hours** 0

**Class Hours** 3